

Ethics and Ecotherapy

Course Information



Mindful Ecotherapy Center

www.mindfulecotherapy.org

Ethics and Ecotherapy WEBINAR Course Information

This course is presented by the Mindful Ecotherapy Center, LLC

- **Tuesday, October 1, 2024 at 10 a.m. Pacific Time**
- **Target Audience: Mental Health Professionals**
- **LIVE Continuing Education Hours: 2 (Two)**
- **NBCC Approval: No (see explanation below)**

Course Description

Ecotherapy usually includes doing therapy outdoors. Therapy in non-traditional settings presents unique ethical challenges. These ethical issues are usually not covered in therapy graduate school programs. In this course we will discuss how to address some common ethical issues for therapists and counselors that are unique to the process of ecotherapy.

Course Objectives

After taking this course the student will be able to:

- Discuss and describe confidentiality and informed consent issues common to the practice of ecotherapy
- Discuss training recommendations regarding the practice of ecotherapy
- Discuss assessment and client safety issues common to the practice of ecotherapy
- Discuss and describe what constitutes dual relationships in ecotherapy
- Discuss and describe values conflicts in ecotherapy settings
- Develop a sense of self-awareness for counselors and therapists practicing ecotherapy

Course Instructions

This is a LIVE WEBINAR course that will be offered on Tuesday, October 1, 2024, at 10 a.m. Pacific Time. An email reminder containing the Zoom code to access the course will be sent the day before the conference. The link will also be included in the lessons for the course. The conference will be presented via Zoom. You need to be present for the duration of the course to get course credit.

Prior to attending the webinar, there are several course documents you will need to download for the course. These will be reviewed during the webinar.

Upon completion of the webinar, return to the course materials on the website and you will have access to a brief course review and a final exam. Review the material, then take the final exam. You will have three attempts to complete the final exam with a score of 80% or higher.

Instructor Qualifications and Contact Information

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This course was created by Charlton Hall, MMFT, PhD. Charlton Hall, MMFT, PhD is a retired Marriage and Family Therapist and a retired Marriage and Family Therapy Supervisor. In 2008 he was awarded a two-year post-graduate fellowship through the Westgate Training and Consultation Network to study mindfulness and ecotherapy. His chosen specialty demographic at that time was Borderline Personality Disorder, and he has worked extensively in trauma and suicide prevention.

Dr. Hall has been providing training seminars on mindfulness and ecotherapy since 2007 and has been an advocate for education in ecotherapy and mindfulness throughout his professional career, serving on the South Carolina Association for Marriage and Family Therapy's Board of Directors as Chair of Continuing Education from 2012 to 2014.

He served as the Chair of Behavioral Health for ReGenesis Health Care from 2014 to 2016 and trained all the medical staff in suicide risk assessment and prevention during his employment at that agency.

Dr. Hall is also a trained SMART Recovery Facilitator and served as a Volunteer Advisor in South Carolina for several years.

Dr. Hall's area of research and interest is using Mindfulness and Ecotherapy to facilitate acceptance and change strategies within a family systemic framework, and he has presented research at several conferences and seminars on this and other topics.

Credentials for Charlton Hall, PhD

- Bachelor of Science in Experimental Psychology
- Masters in Marriage and Family Therapy
- Two-Year Post-Graduate Fellowship at Westgate Training and Consultation Network in Mindfulness, Ecotherapy and the Family System specializing in trauma, suicide prevention, and Borderline Personality Disorder
- Doctor of Philosophy in Transpersonal Counseling
- Marriage and Family Therapist (SC LMFT # 4525)
- Retired Marriage and Family Therapy Supervisor
- Former Registered Play Therapy Supervisor (now retired)
- Certified Hypnotist
- Certified Hypnotherapist

Charlton Hall, MMFT, PhD is Trained In:

- Certified Online Trauma Treatment Specialist
- Certified Crisis Prevention Institute (CPI) Non-violent Crisis Intervention Instructor
- Suicide Risk Assessment and Prevention
- Retired Registered Play Therapy Supervisor
- Retired Registered Play Therapist
- Trauma Treatment Specialist
- Certified in Sandtray Expressive Arts Therapy
- Relapse Prevention & Recovery-Based Treatment
- Mindfulness and the Family System with Trauma Victims 24-month Internship
- Certified SMART Recovery Facilitator/Volunteer Advisor
- Motivational Interviewing
- Person-Centered Thinking
- Child-Family Team Training
- Parental Alienation Syndrome 5 hours
- LGBT-Q issues in Therapy
- Cultural Diversity
- Trauma-Focused Cognitive Behavioral Therapy
- E-Therapy Online Therapy Training

Books by Charlton Hall, MMFT, PhD

Ecoplay: Re-Introducing Your Children to Nature

Mindfulness: An Introduction

Mindfulness-Based Ecotherapy in Clinical Practice, First Edition

The Ecospirituality Workbook: Reconnecting to Nature, to Others, and to Self

The Mindful Mood Management Facilitator Manual

The Mindful Mood Management Workbook

The Mindfulness-Based Ecotherapy Facilitator Manual

The Mindfulness-Based Ecotherapy Workbook

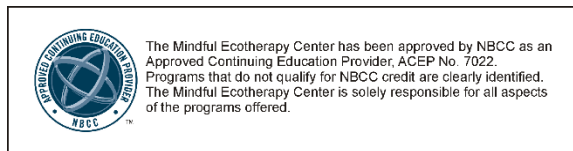
DISCLAIMER

The Mindful Ecotherapy Center has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7022. Programs that do not qualify for NBCC credit are clearly identified. The Mindful Ecotherapy Center, LLC is solely responsible for all aspects of the programs.

All course materials are evidence-based, with clearly defined learning objectives, references and citations, and post-course evaluations. Upon request a copy of this information and a course description containing objectives, course description, references and citations will be given to you for your local licensure board.

All online courses and webinars contain course objectives, references and citations as a part of the course materials; however, it is your responsibility to check with your local licensure board for suitability for continuing education credit.

No warranty is expressed or implied as to approval or suitability for continuing education credit regarding jurisdictions outside of the United States or its territories.



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