

Name _____ Date _____

Think about the object that you connected to during the Sacred Space Meditation. What was it about this object that attracted you to it?

Think about some of the characteristics of this object. How might these characteristics help you to achieve Atonement with the Father by focusing on your own true inner voice? For example, if you were attracted to a stone, stones are hard and firm, so a stone might suggest being firm in your purpose of trusting your own True Self.

How might your Sacred Space help you to achieve Atonement with the Father and connect to your own True Self?
