

WORKSHEET 16.8 WHAT I WOULD TELL MY FAIRY GODMOTHER PAGE 1 OF 1

Name _____ Date _____

You're walking in the woods when you meet your own special Fairy Godmother. She offers to grant you a single wish, but this Fairy Godmother cannot change other people. She cannot change the world. This Fairy Godmother can only change things about the way you think and feel. The Fairy Godmother asks you what you would like to change about yourself.

What would you tell your Fairy Godmother? Answer the questions below in the space provided:

What would you ask the Fairy Godmother to change about the way you think?

What would you ask the Fairy Godmother to change about the way you feel?

What would you ask the Fairy Godmother to change about the assumptions you have made concerning your life?

What would you ask the Fairy Godmother to change about the assumptions you have made about your ability to live fully in your True Self?
