

RUNNING A SUCCESSFUL GROUP COURSE FORMAT

This is a self-directed online introductory course in running a successful group. While this course is a part of the requirements to become a certified [Mindfulness-Based Ecotherapy Facilitator](#), it is also a stand-alone course that gives the student a good basic grounding in the principles and practices of group therapy and counseling.

The course materials include a pdf PowerPoint presentation for Part A of the course, a booklet in pdf format for Part B of the course, and several handouts. You may review the course materials for free by scrolling down and clicking on the links below. The handouts also include a list of course objectives and a list of references and citations.

[Click here to see a list of requirements for certification in Mindfulness-Based Ecotherapy](#)

PURCHASING THIS COURSE

When you purchase this course, you will first download the course materials by clicking on the links below.

YOU DO NOT HAVE TO PURCHASE THE COURSE TO DOWNLOAD THE MATERIALS BELOW! YOU MAY EXAMINE THE MATERIALS FOR FREE, THEN PURCHASE THE COURSE WHEN YOU ARE READY TO TAKE THE POST-TEST!

You may wish to bookmark this page so you may return to it as needed. This page contains the PowerPoint presentation and other course materials you will need to complete in order to get credit for the course. In order to get credit you will have to read the materials then pass the post-test. No partial credit is available.

When you have satisfactorily completed all of the materials and the post-test you will be emailed a Certificate of Completion in pdf format.

COMPLETING THE COURSE

STEP 1: Purchase the course

STEP 2: Download the PowerPoint, the pdf course booklet entitled *Running a Successful Mindfulness-Based Ecotherapy Group* and the course materials you will need to complete to get credit for the course. Read through the PowerPoint, the booklet and the supplemental worksheets. When you have finished reading the materials, take the post-test.

NOTE: You do NOT have to purchase the course to download the materials. Only purchase the course if you wish to obtain a Certificate of Completion for continuing education credit.

STEP 3: The post-test for this course must also be completed with a score of 70% or higher. If you do not achieve 70% on your first time with the test, you will be given an opportunity to correct your answers. The post-test is at the bottom of this page.

NOTE: You will not be emailed a Certificate of Completion unless you have purchased the course.

STEP 4: Upon successful completion of the post-test, you will be issued a Certificate of Completion. This course is part of the requirements for [certification in Mindfulness-Based Ecotherapy](#), but it may also be used as stand-alone credit.

QUESTIONS

If you have any questions about this course, the materials, or how to complete the course materials, please feel free to [contact me](#).

COURSE MATERIALS

If taking the course, please download and save the pdf files below by clicking on the links. Save to your computer so that you may refer back to it as needed. You may browse course materials for free prior to purchasing the course by clicking on the links below.

[Part A Running a Successful Group \(PowerPoint\)](#)

[Part B Running a Successful Mindfulness-Based Ecotherapy Group](#)

[Running a Successful Group COURSE OBJECTIVES & REFERENCES](#)

When you have completed the course materials, click on the link below to take the post-test.

[CLICK HERE FOR THE POST-TEST for RUNNING A SUCCESSFUL GROUP](#)

NOTE: You will be emailed a Certificate of Completion for this course upon passing the post-test with a grade of 70% or higher. If you have not purchased the course, you will not be emailed a certificate until your purchase is completed and you have passed the post-test.

You may take the post-test as many times as necessary to pass. Your test will be graded and you will be informed by email whether or not you passed (usually within 48 hours). If you passed, your Certificate of Completion in pdf format will be attached to the notification email.